

# The Bellerivian

March 2011

## From your Community Supervisor

Welcome to Bellerive's first newsletter!

The Bellerivian has been developed to keep you up to date with all activities and happenings in your community. It will be produced on a monthly basis and include information from Hindmarsh Living provided by Erik Boddeus, our Manager Operations.

We will also have a section for the Bellerive Committee to inform you of all your Committee news for the coming month. There will be information on up coming events, including birthdays and a calendar listing all the activities for the month.

I would also like to use this newsletter to introduce you to your Care Workers with a staff profile every month. This profile will include a photo and a brief introduction, so that when you see them in and around your Village you will know who they are!

I would also like to take this opportunity to thank you all for your warm acceptance of me in my new role as Community Supervisor. I will work hard and endeavour to meet all your expectations. As always please feel free to come and talk to me regarding any issue that you may have at any time. Remember that there is no problem to big or too small that we cannot be resolved together.

I will enjoy the challenge that this role offers and I look forward to many happy years working with you in your wonderful community.

Ruth

Community Supervisor

## From the Manager Operations

Welcome to the first edition of The Bellerivian. With this newsletter we will endeavour to further improve the communication between management and residents. It will also provide you with a list and details on activities within the village.

As I have mentioned before, management is extremely pleased with the active and caring community Bellerive has become in such a short period of time. Every one of you has in one way or another contributed significantly to this. With our team of carers and Ruth at the helm we are committed and dedicated to providing you the best possible services and care.

It is with great pleasure that I can reveal the results of the Resident Satisfaction Survey held in January. 48 of the 57 surveys issued were returned, a very high response rate.

In general the results indicated a very high satisfaction rate of 83.9%! But, as with any survey, there are areas for improvement. These areas include communication with management, services available to residents and the quality of the gardens.

Management will discuss the outcome of the survey with your committee to establish what can be done to improve in these areas.

Thank you again to those of you who participated in the survey. Your feedback and comments are very important to us!

We would welcome contributions from you, our residents, to be included in The Bellerivian, so may I encourage you to do so? Any information that may be of relevance or interest to your fellow residents can be included.

If you have any questions regarding the operations of the community, please see Ruth. But you are also more than welcome to contact me directly if you feel the need to do so. I am usually at Bellerive on Tuesday mornings.

Regards,



# General News and Activities

## Smart Metering - UPDATE

On Tuesday 22 February an independent audit was carried out on the electricity network within Bellerive to establish a way forward with the smart metering, including the metering of water consumption. The report of the technician is eminent but it is expected that a solution is available and relatively easily to install. In the interim we will continue with the manual reading of your electricity meters. This is due in the first two weeks of this month and will be carried out by our onsite staff.

## New Services

There have been some new services added to our growing list.

- **Podiatry**

Jennifer Sonter is our in-house podiatrist. Jennifer has just completed her qualifications and works at Weston Creek Podiatry. We had the pleasure of welcoming Jennifer here last month when she met seven of our residents who were all very pleased with the service she provided. Jennifer will be returning to Bellerive on Friday 1<sup>st</sup> April but if you would like an earlier visit please let reception know and arrangements can be made.

- **Hearing Aid Maintenance**

ACT Deafness Resource Centre is another new service where advice is provided on hearing aids and hearing audio equipment. A cleaning service is provided, and batteries can be replaced for you. If you are member of Australian Hearing the battery replacement is free. If not bring your new battery with you and it will be installed free of charge.

## March Birthdays

3<sup>rd</sup> Harry Hansen  
5<sup>th</sup> Margaret Browne  
6<sup>th</sup> Margaret Sargent  
10<sup>th</sup> Murray Aspinall  
14<sup>th</sup> Louise Diamond  
19<sup>th</sup> Les Humphrey  
24<sup>th</sup> Joan Fenwick  
28<sup>th</sup> Margaret Barlow

## Staff Profile



## Andrew Curran

Your friendly Maintenance Office/Care Worker

Here are a few things about me. I moved to Canberra about seven years ago from Newcastle, where I was doing mechanical maintenance, I joined Australia Post which has brought me to Canberra. I enjoy motorcycle riding and own a BMW K75. I also enjoy a good horror or Sci-Fi book, and Dean Koontz is one author that I enjoy reading. So if you ever need to have that door fixed, tap to stop leaking, or light to work then make a booking with Ruth.

## Bus Trips

We have a variety of bus trips organised for this month.

11<sup>th</sup> March sees us going to both the National & Portrait Gallery with a drop off at the National Library for those who are interested.

20<sup>th</sup> March we are off to see the "Festival of the Forest" at the Canberra Arboretum where there will be loads of activities through out the day.

26<sup>th</sup> March is our tour of the wineries at Murrumbateman where you will sample some of the premium wines that Murrumbateman has to offer and stop for a delightful lunch at one of the wineries. More detailed information will follow as the day approaches.

# From your Committee

## Know your Committee

Welcome to our first Bellerive Newsletter. I was approached by management for a contribution for our first newsletter. After much thought I decided it would be a good idea for you to know about your volunteer committee.

To that end Bryan Barlow, apart from being the first member alphabetically "volunteered" to present a thumb nail sketch of his life and background. Thank you Bryan.

Harry Hansen, Chair

**Bryan Barlow:** Born in Sydney in 1933.



1950: School Captain at Sydney Technical High School

1955: B.Sc (Hons), Sydney University

1960: Ph.D Sydney University

1976:D.Sc. Flinders University

1960-1965: Lecturer in Botany, University of Queensland

1965-1980 Reader in Biology, Flinders University Adelaide

1981-1995 Head of the Australian National Herbarium and Deputy Chief CSIRO Division of plant Industry

Visiting Professor University of Utah 1968  
Brigham Young University 1974  
University of Nairobi 1974

1974: Fulbright Senior Fellowship

1995: Biotechnology Coordinator UN Global Biodiversity Assessment

100 + research papers in refereed national and international scientific journals.

Interests: Family (wife Margaret of 53 years, three children [one daughter and two sons] and nine grandchildren). Travel in Australia, bushwalking,

conservation, climate control and cryptic crosswords.

## ACT RVA Forum

The ACT Retirement Village Association held a conference at Bellerive on Wednesday 16<sup>th</sup> March. Pat Barrett a member of our Finance sub Committee attended on behalf of residents of Bellerive. A report dealing with the main thrust of the conference will be posted on the Notice Board in the near future.

Pam Graudenz the acting President of the ACT Retirement Villages Residents Association is hosting a brainstorming session at St. Andrews Village on the 4<sup>th</sup> March to which two representatives of Bellerive have been invited to attend; Angus Paltridge and Harry Hansen will be attending. The meeting is seeking to clarify future directions of the Association, recruitment of new members and strengthening the committee and other matters. Again a report will ultimately appear on the Notice Board.

## Trivia Nights

The Happy Hours on Mondays continue to be well patronised; apart from the social side you are all to be congratulated on the fundraising contributions and efforts that you have displayed. The donation which we raised for the Queensland flood victims was particularly heartening.

## Social Committee

St Patrick's Day celebrations will be held in Yallambee Lodge on Wednesday the 17<sup>th</sup> March at 4:30pm. Come along for 'a wee bit of fun' you might even like to bring your 'shillelagh', dress in green or bring along some green food but best of all expect some 'shenanigans'.

Kazanne Boutique will be bringing a selection of clothing for viewing on the 26<sup>th</sup> March at 2:30pm. Come along for afternoon tea and enjoy a relaxed afternoon.

St. Alban's Parish will be holding a Afternoon tea in Yallambee Lodge at 2pm on Thursday the 10<sup>th</sup> March.

Margaret Hansen

# What's on

# March 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9.00 Walking Group 10.30am Bus Trip Cotter Dam	9.00 Exercises	7pm Games Evening	9.00 Exercises	
6	7	8	9	10	11	12
9am Salon open 9am Massage	9am Salon open 9am Massage	9.00 Walking Group 10.30am Bus Trip National Gallery Portrait Gallery National Library	9.00 Exercises	2pm afternoon tea in conjunction with ST Alban's Parish	9.00 Exercises	
1pm Mahongg 4.30pm Happy Hour	1pm Mahongg 4.30pm Happy Hour			7pm Games Evening	6pm Dinner	
13	14	15	16	17	18	19
Canberra Day 9am Salon open 9am Massage	Canberra Day 9am Salon open 9am Massage	9.00 Walking Group	9.00 Exercises	St Patrick's day 4:30pm Leisure Centre	9.00 Exercises	
1pm Mahongg 4.30pm Happy Hour	1pm Mahongg 4.30pm Happy Hour	1pm Mahongg		4pm Book Club 7pm Games Evening	6pm Dinner	
20	21	22	23	24	25	26
Start of ACT Seniors week Bus Trip Arboretum Festival of the forests	9am Salon open 9am Massage	9.00 Walking Group	9.00 Exercises	COTA Seniors week expo 10am bus trip Old Depot markets Seniors week expo	9.00 Exercises	Seniors week Open day Bellerive
1pm Mahongg 4.30pm Happy Hour	1pm Mahongg 4.30pm Happy Hour	1pm Mahongg				2.30pm Leisure Centre Kazanne Boutique
27	28	29	30	31		
9am Salon open 9am Massage	9am Salon open 9am Massage	9.00 Walking Group	9.00 Exercises 9-11 ACT Hearing 1pm podiatry	9.30 Beauty Therapist Bus Trip Wineries tour		
1pm Mahongg 4.30pm Happy Hour	1pm Mahongg 4.30pm Happy Hour	1pm Mahongg		7pm Games Evening		